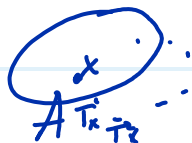


21.4.26

2. Recurrence and ergodicity

2.1) Recurrence

Def. 2.1 Let (X, μ, T) be an MDS and $A \subset X$ meas.



1) A is called recurrent if for a.e. $x \in A$
 $\exists n \in \mathbb{N} : T^n x \in A$, or:

$$(i) \quad \mu\left(A \setminus \bigcup_{n=1}^{\infty} T^{-n}(A)\right) = 0$$

points in A which never come back to A

2) A is called infinitely recurrent if for a.e. $x \in A \exists (n_j) \subset \mathbb{N}$,
 $n_j \nearrow \infty$ s.t. $T^{n_j} x \in A$, or:



$$\mu\left(A \setminus \bigcap_{k=1}^{\infty} \bigcup_{n=k}^{\infty} T^{-n}(A)\right) = 0$$

Rem. The def. is non-trivial only for A with $\mu(A) > 0$.

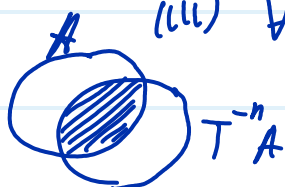
Lemma 2.2 For an MDS (X, μ, T) , TFAE The following assertions are equivalent

(i) $\forall A \in \Sigma_X$ is recurrent

(ii) $\forall A \in \Sigma_X$ is infinitely recurrent

(iii) $\forall A \in \Sigma_X$ with $\mu(A) > 0 \exists n \in \mathbb{N}:$

$$\mu(A \cap T^{-n}(A)) > 0$$



Proof (iii) $\Rightarrow$ (i) clear

(i) $\Rightarrow$ (ii) Take $k \in \mathbb{N}$. By (i) $A \subset \bigcup_{n=1}^{\infty} T^{-n}(A) \cup N$, N null set

Taking T^{-1} yield $T^{-1}(A) \subset \bigcup_{n=2}^{\infty} T^{-n}(A) \cup T^{-1}(N)$ null set

$T^{-k}(A) \subset \bigcup_{n=k}^{\infty} T^{-n}(A) \cup T^{-k}(N)$ null set

Again (i) implies

$$A \subset \bigcup_{n=k}^{\infty} T^{-n}(A) \cup (N \cup \dots \cup T^{-k}(N)),$$

null set

so (ii).

(ii) $\Rightarrow$ (iii) Assume $\mu(A \cap T^{-n}(A)) = 0 \forall n \in \mathbb{N}$. By (i)

$$A = \left(A \cap \bigcup_{n=1}^{\infty} T^{-n}(A)\right) \cup N_{\text{null set}}$$

$$= \bigcup_{n=1}^{\infty} \underbrace{(A \cap T^{-n}(A))}_{\text{null set by assumption}} \cup N$$

so $\mu(A) = 0$.

(iii) $\Rightarrow$ (i) let $A \in \Sigma_X$. Consider
 $B := A \setminus \bigcup_{k=1}^{\infty} T^{-k}(A) = A \cap \left[\bigcap_{k=1}^{\infty} T^{-k}(X \setminus A) \right]$

We want to show: $\mu(B) = 0$.
 let $n \in \mathbb{N}$

$$B \cap T^{-n}(B) \subset A \cap T^{-n}(A) \cap \underbrace{\left[\bigcap_{k=1}^{\infty} T^{-k}(X \setminus A) \right]}_{=\emptyset} = \emptyset.$$

By (iii) $\mu(B) = 0$

Thm 2.3 (Poincaré's recurrence) Let (X, μ, T) be an MDS. Then $A \in \Sigma_X$ is ∞ -recurrent.

Proof Let $A \subset X$ satisfy $\mu(A) > 0$ (recall: $\mu(A) = 0 \Rightarrow A$ ∞ -recurrent.)

By Lemma 2.2. it suffices to find $n : \mu(A \cap T^{-n}(A)) > 0$.

Assume not, so $\mu(A \cap T^{-n}(A)) = 0 \forall n$. Then $\forall k$



$$\mu(T^{-(n+k)}(A) \cap T^{-k}(A)) = \mu(T^{-n}(A) \cap A) = 0 \quad \forall n,$$

$\xrightarrow{T^{-k}} (T^{-n}(A) \cap A)$

i.e., the sets

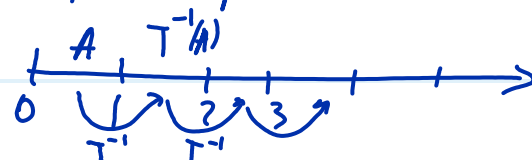
$$A, T^{-1}(A), T^{-2}(A), \dots$$

are pairwise disjoint. But they have the same measure, so
 up to null sets

$$1 = \mu(X) \geq \sum_{n=0}^{\infty} \mu(A) = \infty \quad \text{contradiction}$$

Rem. Poincaré's recurrence thm is false for X with $\mu(X) = \infty$:

Take $X = \mathbb{R}$ with Leb., $T_X = x \mapsto x-1$



Rem. Poincaré's thm has counterintuitive

consequences:

Boltzmann's model: state space $X \subset [0,1]^{3n} \times \mathbb{R}^{3n} \subset \mathbb{R}^{6n}$



$\rightarrow$



$\rightarrow$



Imagine: $\exists$ wall, you remove it, Poincaré: all particles will be on the left ∞ -often.

Question How long should one wait?

Let (X, μ, T) be MDS, $A \subset X$ with $\mu(A) > 0$.

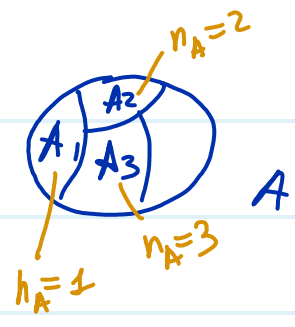
Def. $B_0 := \bigcap_{n=1}^{\infty} T^{-n}(X \setminus A)$ - points which never visit A

$B_1 := T^{-1}(A)$ - points visiting A in 1 time step

$B_n := T^{-n}(A) \setminus \left[\bigcup_{k=1}^{n-1} T^{-k}(A) \right]$ - points visiting A in n time steps but not before

We have:

- $X = B_0 \cup B_1 \cup \dots$
- all B_j are disjoint



Def. $A_n := A \cap B_n \quad \forall n$. By Poincaré:
 $A = \bigcup_{n=0}^{\infty} A_n$ up to a null set

Def. the return time fct

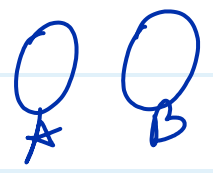
$$\begin{cases} n_A : A \rightarrow \mathbb{N} \\ n_A(x) = n \text{ if } x \in A_n \end{cases}$$

(on the null set any def.)

Question: What can we say about n_A ?

Lemma 2.4 Let (X, μ, T) be MDS, let $A, B \in \mathcal{E}_X$ and $n \in \mathbb{N}$.

Then:
$$\mu(B) = \sum_{k=0}^n \mu \left(A \cap \left[\bigcap_{j=1}^{k-1} T^{-j}(X \setminus A) \right] \cap T^{-k}(B) \right) + \mu \left(\bigcap_{k=0}^{n-1} T^{-k}(X \setminus A) \cap T^{-n}(B) \right).$$



Proof $(n=1)$
$$\mu(B) = \mu(T^{-1}(B)) = \mu(A \cap T^{-1}(B)) + \mu((X \setminus A) \cap T^{-1}(B))$$

$(n=2)$ Do the same for the last term:

$$\mu(B) = \mu(A \cap T^{-1}(B)) + \underbrace{\mu(T^{-1}((X \setminus A) \cap T^{-1}(B)))}_{T \text{ is } \mu\text{-pres.}}$$

etc. inductively (exer.).

$$\mu(A \cap T^{-1}(X \setminus A) \cap T^{-2}(B)) + \mu((X \setminus A) \cap T^{-1}(X \setminus A) \cap T^{-2}(B))$$

Def. the induced σ -algebra and the induced prob. measure on A $\mu(A) > 0$

$$\mathcal{E}_A := \{ B \subset A, B \in \mathcal{E}_X \} = A \cap \mathcal{E}_X \subset \mathcal{E}_X$$

$$\mu_A(B) := \frac{\mu(B)}{\mu(A)}, \quad B \in \mathcal{E}_A$$

Thm. 2.5 Let (X, μ, T) be MDS, $A \subset X$ with $\mu(A) > 0$. Then:

$$\int_A n_A d\mu_A = \frac{\mu(\bigcup_{n=0}^{\infty} T^{-n}(A))}{\mu(A)}$$

in part, if $\bigcup_{n=0}^{\infty} T^{-n}(A) = X$ up to a null set, then

a.p. point visits A at some time step

$$\int_A n_A d\mu_A = \frac{1}{\mu(A)}$$

Proof Take $B_i = X$ in lemma 2.4:

$$\begin{aligned}\mu(X) &= \sum_{v=1}^n \mu\left(A \cap \left[\bigcap_{j=1}^{n-1} T^{-j}(X \setminus A)\right]\right) + \mu\left(\bigcap_{k=0}^{n-1} T^{-k}(X \setminus A)\right) \\ &= \sum_{v=1}^n \sum_{j=k}^{\infty} \mu(A_j) + \mu\left(\bigcap_{k=0}^{n-1} T^{-k}(X \setminus A)\right), \\ \text{i.e. } \sum_{v=1}^n \sum_{j=k}^{\infty} \mu(A_j) &= \mu(X) - \mu\left(\bigcap_{k=0}^{n-1} T^{-k}(X \setminus A)\right) = \mu\left(\bigcup_{k=0}^{n-1} T^{-k}(A)\right).\end{aligned}$$

Take $n \rightarrow \infty$:

$$\begin{aligned}\mu\left(\bigcup_{k=0}^{\infty} T^{-k}(A)\right) &= \sum_{k=1}^{\infty} \sum_{j=k}^{\infty} \mu(A_j) = \sum_{j=1}^{\infty} \sum_{k=1}^j \mu(A_j) = \sum_{j=1}^{\infty} j \cdot \mu(A_j) \\ &= \mu(A) \cdot \sum_{j=1}^{\infty} j \cdot \frac{\mu(A_j)}{\mu(A)} = \mu(A) \cdot \int n_A d\mu_A\end{aligned}$$

n_A on A_j

Rem. For Boltzmann's model:

$$n_A \sim 2^n$$

if

$$\bigcup_{n=0}^{\infty} T^{-n}(A) = X \text{ a.e.}$$

when does it hold?

2.2. Ergodicity

Def 2.6 Let (X, μ, T) be an MDS. A set $A \in \Sigma$ is called invariant if $T^{-1}(A) \subset A$ up to a null set, i.e., $\mu(T^{-1}(A) \setminus A) = 0$.

the following ass. are equiv.

Lemma 2.7 For an MDS (X, μ, T) and $A \in \Sigma$ TFAE:

- (i) A is invariant
- (ii) $A = T^{-1}(A)$ up to a null set
- (iii) $X \setminus A$ is invariant.

$$\mu(A \Delta T^{-1}(A)) = 0$$

symmetric difference

Proof (i) $\Rightarrow$ (ii) follows from $\mu(T^{-1}(A)) = \mu(A)$

(ii) $\Rightarrow$ (iii) By (ii)

$T^{-1}(X \setminus A) \supset X \setminus A$, but the same measure, so $=$ up to a null set

(iii) $\Rightarrow$ (i) symmetry $A \leftrightarrow X \setminus A$

Rem. A inv., $\mu(A) > 0 \Rightarrow$ decomp. of X into 2 systems (A, Σ_A, μ_A, T) and $(X \setminus A, \Sigma_{X \setminus A}, \mu_{X \setminus A}, T)$

Def 2.8 An MDS (X, μ, T) is called ergodic if

$$A \text{ inv.} \Rightarrow \mu(A) \in \{0, 1\}$$

holds $\forall A \in \Sigma_X$.

- Rem. 1) Thus erg. systems are indecomposable
 2) $\exists$ MDS without ergodic subsystems:
Ex $X = [0,1]$, Leb, $T = \text{id}$

Prop. 2.9 For an MDS (X, μ, T) TFAE:

(i) (X, μ, T) is ergodic

(ii) $\forall A \subset X$ with $\mu(A) > 0$

$$\bigcap_{n=0}^{\infty} \bigcup_{k \geq n} T^{-k}(A) = X \text{ up to a null set}$$

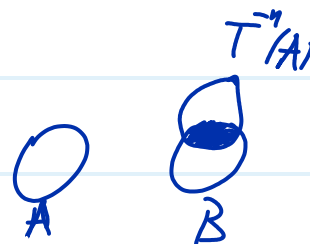
points from X visiting A ∞ -often

(iii) $\forall A \subset X$ with $\mu(A) > 0$

$$\bigcup_{n=0}^{\infty} T^{-n}(A) = X \text{ up to a null set}$$

"- at least once

(iv) $\forall A, B \subset X$ with $\mu(A), \mu(B) > 0 \exists n \geq 1$:
 $\mu(T^{-n}(A) \cap B) > 0$



Proof (i) $\Rightarrow$ (ii) let $A \subset X$ with $\mu(A) > 0$. Def.

$$B_n := \bigcup_{k \geq n} T^{-k}(A)$$

Then: $T^{-1}(B_n) = \bigcup_{k \geq n+1} T^{-k}(A) \subset B_n$, i.e., B_n is invariant.

hence $\mu(B_n) \geq \mu(A) > 0$, by ergodicity $\mu(B_n) = 1 \forall n$,

$$\text{so } \mu\left(\bigcap_{n=1}^{\infty} B_n\right) = 1.$$

(ii) $\Rightarrow$ (iii) clear

(iii) $\Rightarrow$ (iv) let A, B with $\mu(A) > 0$. Assume

$$\mu(T^{-n}(A) \cap B) = 0 \quad \forall n \geq 1.$$

Then also $\bigcup_{n=1}^{\infty} (T^{-n}(A) \cap B)$ is a null set

$$\bigcup_{n=1}^{\infty} T^{-n}(A) = T^{-1}\left(\bigcup_{n=0}^{\infty} T^{-n}(A)\right) = X \text{ up to a null set,}$$

"- X up to a null set by (iii)

so $B = B \cap \left(\bigcup_{n=1}^{\infty} T^{-n}(A)\right)$ is a null set.

(iv) $\Rightarrow$ (i) let A be invariant, i.e., $T^{-1}(A) \subset A$ up to a null set,

then also $T^{-n}(A) \subset A$ - " - $\forall n$.

For $B := X \setminus A$ we have

$$B \cap T^{-n}(A) \subset B \cap (A \cup N) = \underbrace{(B \cap A)}_{\text{null set}} \cup \underbrace{(B \cap N)}_{\text{null set}},$$

so $\mu(B \cap T^{-n}(A)) = 0 \quad \forall n$. By (iv), $\mu(A) = 0$ or $\mu(B) = 0$ or $\mu(A) = 1$. ■

Ex. 2.10 1) Finite systems: X finite, μ rescaled counting measure, $T: X \rightarrow X$ bij. Then:
 T erg. $(\Leftrightarrow) \forall$ point visits every other point
 $(\Rightarrow) T$ is one cycle



2) Rotation on $\mathbb{T}$: $(\mathbb{T}, \text{Leb}, a)$



Case 1 a a rational, i.e., $a^{n_0} = 1$ for some $n_0 \in \mathbb{N}$
 Then the set

$$U_\varepsilon(1) \cup U_\varepsilon(a) \cup \dots \cup U_\varepsilon(a^{n_0-1})$$

is a -inv. for small ε and has measure $\in (0, 1)$

So $(\mathbb{T}, \text{Leb}, a)$ is not erg.

Case 2 a irrational. We show later: $(\mathbb{T}, \text{Leb}, a)$ is ergodic.

just a preview:

First, $\text{Orb}(a) = \{a, a^2, a^3, \dots\}$ is dense in $\mathbb{T}$ (exerc)



Take A, B open intervals. Let n_1 be s.t. $a^{n_1} \in A$

Then $a^{n_2} \in B \cap T^{n_2-n_1}(A)$

so $\mu(B \cap T^{n_2-n_1}(A)) > 0$.

wlog $n_2 < n_1 + 1$
 without loss of gener.

More generally, we will show later:

Prop. 2.11 Let (G, a) be a group rotation. TFAE:

(i) (G, Haar, a) is ergodic

(ii) $\text{Orb } a := \{a^n, n \in \mathbb{Z}\}$ is dense in G .

(for open sets the same argument, one needs: $U \text{ open, } \neq \emptyset \Rightarrow \text{Haar}(U) > 0$.
 True because G compact, so $G = \bigcup_{j=1}^m g_j U$ and hence $\mu(U) \geq \frac{1}{m}$)

Ex (Bernoulli shifts)

We show that the Bernoulli shifts are ergodic by showing the foll. stronger property:

Prop 2.12 Let $(X, \mu, T) = (\{0, \dots, k-1\}^{\mathbb{N}}, \mu, \leftarrow)$ or $(\{0, \dots, k-1\}^{\mathbb{Z}}, \mu, \leftarrow)$
 the one- or two-sided Bernoulli shift. ^{product measure} Then

$$(*) \quad \mu(T^{-n}(A) \cap B) \rightarrow \mu(A) \mu(B) \quad \forall A, B \in \mathcal{E}.$$

In part-, (X, μ, T) is ergodic

rem. The property (*) is called mixing (or strong mixing)
 and is much stronger than ergodicity (more soon)

Proof of Prop. 2.12 last assertion follows from Prop. 2.9

7

We first check (*) for cylinder sets

Step 1 let A, B be cylinders: $A = \dots \times \{a_1\} \times \dots \times \{a_k\} \times \dots$

$B = \dots \times \{b_1\} \times \dots \times \{b_\ell\} \times \dots$
 $j+1$ position j pos.
 m_1 position m_ℓ pos.

For $n > m_\ell - j + 1$,

$$T^{-n}(A) \cap B = \dots \times \{b_1\} \times \dots \times \{b_\ell\} \times \{a_1\} \times \dots \times \{a_k\} \times \dots$$

$$\text{so } \mu(T^{-n}(A) \cap B) = \underbrace{p(b_1) \dots p(b_\ell)}_{\mu(B)} \underbrace{p(a_1) \dots p(a_k)}_{\mu(A)} = \mu(A) \mu(B)$$

Step 2 let $A = \bigcup_{j=1}^m A_j$, A_j disjoint cylinders up to null sets

$B = \bigcup_{i=1}^l B_i$, B_i disjoint cylinders

We have

$$T^{-n}(A) \cap B = \bigcup_{i=1}^l \bigcup_{j=1}^m (T^{-n}(A_j) \cap B_i)$$

$$\text{so } \mu(T^{-n}(A) \cap B) = \sum_{i=1}^l \sum_{j=1}^m \mu(T^{-n}(A_j) \cap B_i)$$

$$= \sum_{i=1}^l \sum_{j=1}^m \mu(A_j) \mu(B_i) = \mu(A_j) \mu(B_i) \text{ for large } n$$

$\exists n_0: \forall n \geq n_0$
 by step 1

$$= \sum \mu(A_j) \cdot \sum \mu(B_i) = \mu(A) \mu(B)$$

Step 3 let A, B be arbitrary measur. sets, $\varepsilon > 0$.

since $\cup$ cylinders generate the σ -algebra, $\exists A_1, B_1$ as in step 2.

$$\mu(A \Delta A_1) < \varepsilon, \mu(B \Delta B_1) < \varepsilon,$$

$$\text{then } \mu(T^{-n}(A) \Delta T^{-n}(A_1)) < \varepsilon \quad \forall n \text{ (why?)}$$

Take $n \geq n_0$, n_0 from step 2 for A_1, B_1 .

$$T^{-n}(A) \cap B = T^{-n}(A_1) \cap B_1 \text{ up to a set of measure } \leq 2\varepsilon$$

$$\text{and } \mu(A) \mu(B) = \mu(A_1) \mu(B_1) \text{ up to an error } \leq 2\varepsilon$$

$$|ab - cd| \leq |a - c| \cdot |b| + |c| \cdot |b - d|$$

$$\text{So } |\mu(T^{-n}(A) \cap B) - \mu(A) \mu(B)| \leq |\mu(T^{-n}(A_1) \cap B_1) - \mu(A_1) \mu(B_1)|$$

up to an error $\leq 4\varepsilon$

$= 0$ for $n \geq n_0$

(exer.) Show that the doubling map and the tent map are mixing



Thm 2.13 (Kac)

Let (X, μ, T) be an ergodic MDS and $A \subset X$ with $\mu(A) > 0$.
Then the expected return time to A satisfies

$$\int_A h_A d\mu_A = \frac{1}{\mu(A)}$$

Proof By Prop. 2.9 $\bigcup_{n=0}^{\infty} T^{-n}(A) = X$ up to a null set.

The assertion follows from Thm 2.5

Ex (Recurrence in random literature)

The book of Nietzsche "Thus spoke Zarathustra" contains
~ 680.000 characters. Assume, Snoopy types randomly on his
typewriter. *Letters, points, space charact. etc.*

Claim: he types Nietzsche's book ∞ -often with prob. 1.

$N := 680.000$, Typewriter: say 90 characters, $p = \frac{1}{90}$ (equally probable)

$(X, \mu, T) = B(p, \dots, p)$ *90 times*, so $X = \{0, \dots, 89\}^N$, $T \leftarrow$,
 μ product measure. *Bernoulli shift*

Let Book = $R_1 \dots R_N$ (sequence of characters)

$A := \{(X_j) : X_1 = R_1, \dots, X_N = R_N\}$ *- cylinder*

$$\mu\left(\left\{X : \exists k \in \mathbb{N}_0 : \underbrace{X_{k+1} = R_1, \dots, X_{k+N} = R_N}_{\text{Nietzsche's book}}\right\}\right) = \mu\left(\bigcup_{k=0}^{\infty} T^{-k}(A)\right)$$

$= 1$ by ergodicity of the Bernoulli shift

∞ -often corresponds to $\mu\left(\bigcap_{n=1}^{\infty} \bigcup_{k \geq n} T^{-k}(A)\right) = 1$ - holds by Prop. 5.9

2.3. Koopman operator and its spectrum

Let (X, μ, T) be an MDS. For $1 \leq p < \infty$ def. $E := L^p(X, \mu)$

and $T: E \rightarrow E$ by
the same letter

$$(Tf)(x) := f(Tx), \quad x \in X,$$

- the Koopman operator induced by the MDS (or by the transformation T)

Properties of T on $L^p(X, \mu)$

- T is lin., $\|T\| = 1$ and even T is isometry:

$$\|Tf\|_p^p = \int_X |f(Tx)|^p d\mu = \int_X |f(x)|^p d\mu = \|f\|_p^p$$

lemma 1.8

- $T\mathbb{1}_A = \mathbb{1}_{T^{-1}(A)} \quad \forall A \text{ measur.}, \text{ in part, } T\mathbb{1} = \mathbb{1} :$

$$(T\mathbb{1}_A)(x) = \mathbb{1}_A(Tx) = \begin{cases} 1 & \text{if } Tx \in A \\ 0 & \text{otherwise} \end{cases} = \mathbb{1}_{T^{-1}(A)}(x)$$

- T is positive, i.e., $f \geq 0 \Rightarrow Tf \geq 0$

- T is multiplicative: $T(f \cdot g) = Tf \cdot Tg$ - whenever $f, g \in L^p$
respects conjugation: $T(\overline{f}) = \overline{Tf}$

- $|Tf| = T|f|$ - lattice homomorphism

Rem. $\forall$ operator on L^p with these properties is a Koopman operator for some μ -pres transformation (no proof)

Prop. if (X, μ, T) is invertible, then the Koopman operator is invertible (in part, unitary for $p=2$)

Proof. Let $S: X \rightarrow X$ be μ -pres. with $S \circ T = \text{id}$, $T \circ S = \text{id}$ a.e.

Claim: The Koopman operator S is the inverse of T :

$$(T \circ S)f(x) = f(T(Sx)) = f(x) \text{ a.e.}$$

$= x \text{ a.e.}$

the same for $S \circ T$. So T is invertible on L^p

Rem. 1) The converse is not true in general:

Ex $T: \begin{pmatrix} \cdot \\ \cdot \end{pmatrix} \mapsto \begin{pmatrix} \cdot \\ \cdot \end{pmatrix}$ not invert., $X = \{0, 1\}$, $\Sigma = \{\emptyset, \{0, 1\}\}$,

but $L^2(X, \mu) = \text{lin}\{1\}$, so Koopm. operator is I , so invertible. (no proof)

2) The converse holds if (X, μ) is a "standard probability space" (som. to $[0, 1]$, Leb)

Question How does $\sigma(T)$ look like?

Recall: $\sigma(T) = \{\lambda \in \mathbb{C} : \lambda I - T \text{ not invert.}\}$ - the spectrum of T

$P\sigma(T) = \{\lambda \in \mathbb{C} : \lambda I - T \text{ not injective}\}$ - point spectrum of T

Recall (FA)

T unitary $\Rightarrow \sigma(T) \subset \mathbb{T}$

T isometric, not invert. $\Rightarrow \sigma(T) = \{z : |z| \leq 1\}$

T isom. $\Rightarrow$ eigenvalues $\subset \mathbb{T}$

Moreover, for Koopman oper. $1 \in P\sigma(T)$ since $T\mathbb{1} = \mathbb{1}$

Prop. 2.14

$p \in [1, \infty)$.

Let (X, μ, T) be an MDS with Koopm. oper. T on $L^p(X, \mu)$,

Def.

$$\text{Fix } T := \{f \in L^p : Tf = f\}$$

TFAE:

(i) (X, μ, T) is ergodic

(ii) $\dim \text{Fix } T = 1$, i.e., 1 is a simple eigenvalue with $[\text{Fix } T = \mathbb{C}1]$

in this case $\forall$ eigenvct of T satisfy $|f| = \text{const a.e.}$

Proof last assertion (provided (i) $\Leftrightarrow$ (ii))

$$Tf = \lambda f, |\lambda| = 1 \Rightarrow T|f| = |Tf| = |f|, \text{ so } |f| \in \text{Fix } T = \{1\}.$$

(i) $\Rightarrow$ (ii) let $f \in \text{Fix } T$, i.e., $f(Tx) = f(x)$ a.e.

Then also $\text{Ref}, \text{Im } f \in \text{Fix } T$, so wlog let f be real valued
let $c \in \mathbb{R}$ a.b.

Claim: $A := \{x : f(x) \leq c\}$ is T -inv.

indeed, $T^{-1}A = \{x : f(Tx) \leq c\} = A$ up to a null set

(X, μ, T) erg. $\Rightarrow \mu(A) = 0$ or 1 , i.e., f const. a.e. (why?)

(ii) $\Rightarrow$ (i) let A be T -inv., i.e., $T^{-1}A = A$ up to a null set

Then $T\mathbb{1}_A = \mathbb{1}_{T^{-1}A} = \mathbb{1}_A$, i.e., $\mathbb{1}_A \in \text{Fix } T$

By (ii) $\mathbb{1}_A = 0$ a.e. or $\mathbb{1}_A = 1$ a.e., i.e., $\mu(A) = 0$ or 1 .

Rem. if (X, μ, T) is not erg., then there can be many fix fcts and many eigenvts Ex $T = I \Rightarrow \forall f \in \text{Fix } T$

But: Lemma 2.15 (Bounded EF ^{eigenvts} are dense in EF)

$\forall \lambda \in \text{Po}(T)$, $\text{Ker}(\lambda - T) \cap L^\infty(X, \mu)$ is dense in $\text{Ker}(\lambda - T)$.

Proof Step 1: $\lambda = 1$.

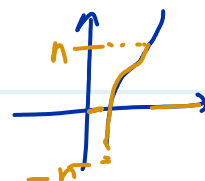
let $f \in \text{Fix } T$, so $Tf = f$. Consider

$$f_n(x) := \begin{cases} f(x) & \text{if } |f(x)| \leq n \\ 0 & \text{otherwise} \end{cases}$$

so $f_n = f \cdot \mathbb{1}_{\{|f| \leq n\}}$

Claim: $Tf_n = f_n$. Indeed, we have a.e.

$$(Tf_n)(x) = f_n(Tx) = \begin{cases} f(Tx) = f(x) = f_n(x) & \text{if } |f(Tx)| \leq n \\ 0 = f_n(x) & \text{otherwise} \end{cases}$$



so $f_n \in \text{Fix } T$ and

$$\|f_n - f\|_p = \int |f(x)|^p dx \xrightarrow{n \rightarrow \infty} 0$$

Step 2: λ arbitr. $\{|f| > n\}$

let $Tf = \lambda f$, $|\lambda| = 1$. As before, $|Tf| = T|f| = |f|$, so

$$T\mathbb{1}_{\{|f| \leq n\}} = \mathbb{1}_{\{|Tf| \leq n\}} = \mathbb{1}_{\{|f| \leq n\}}$$

and therefore $f_n := f \cdot \mathbb{1}_{\{|f| \leq n\}}$ is a ^{a.e.} odd eigenvct (if not 0) by

$$T(f \cdot \mathbb{1}_{\{|f| \leq n\}}) = Tf \cdot T\mathbb{1}_{\{|f| \leq n\}} = \lambda f \cdot \mathbb{1}_{\{|f| \leq n\}}$$

and f_n appr. f as above as $n \rightarrow \infty$.

Thm 2.16 (Point spectrum of Koopman operators)

Let (X, μ, T) be an MDS with logpm. oper. T on $L^p(X, \mu)$, $p \in [1, \infty)$.



(a) $P_\sigma(T) \subset \mathbb{T}$ is a union of subgroups of $\mathbb{T}$ and is indep. of p .

(b) (X, μ, T) is erg. $\Leftrightarrow \forall \lambda \in P_\sigma(T)$ is simple and generated by a unimodular eigenfct f_λ .
 $\text{Ker}(\lambda - T) = \mathbb{C} \cdot f_\lambda$

In this case $P_\sigma(T)$ is a subgroup of $\mathbb{T}$ $|f_\lambda| = 1$

Proof (a) independence of p follows from Lemma 2.15:

$$\exists EF \text{ in } L^p \Leftrightarrow \exists EF \text{ in } L^\infty$$

it remains to show: $\lambda \in P_\sigma \Rightarrow \lambda^n \in P_\sigma \forall n \in \mathbb{Z}$

By Lemma 2.15 $\exists f_\lambda$ bld, $\neq 0$ with $Tf_\lambda = \lambda f_\lambda$

hence $f_{\lambda^n} \in L^\infty \forall n \in \mathbb{N}_0$

$$T(f_{\lambda^n}) = (Tf_\lambda)^n = \lambda^n \cdot f_{\lambda^n}$$

so $\lambda^n \in P_\sigma(T)$. Moreover, $f_{\lambda^n} \in L^\infty, \neq 0$, and

$$(Tf_{\lambda^n}) = (Tf_{\lambda^n})^n = \bar{\lambda}^n \cdot f_{\lambda^n}$$

and $\bar{\lambda}^n = \lambda^{-n} \in P_\sigma(T)$.

(b) Prop. 2.14: (X, μ, T) erg. $\Leftrightarrow \text{Fix } T = \mathbb{C} \cdot 1$, so $\Leftrightarrow$ holds.

$\Rightarrow$ let $\lambda \in P_\sigma(T)$ and $f \neq 0$. $Tf = \lambda f$ Then $|Tf| = |f|$, so $|f| = c$ a.e. for some $c \neq 0$.

Def. $f_\lambda := \frac{f}{c}$, then $|f_\lambda| = 1$ a.e. and $Tf_\lambda = \lambda f_\lambda$.

Assume $\exists g_\lambda$ such, so $|g_\lambda| = 1$ a.e., $Tg_\lambda = \lambda g_\lambda$

$$\text{then } T\left(\frac{f_\lambda}{g_\lambda}\right) = \frac{Tf_\lambda}{Tg_\lambda} = \frac{\lambda f_\lambda}{\lambda g_\lambda} = \frac{f_\lambda}{g_\lambda}$$

By erg. $\frac{f_\lambda}{g_\lambda} = \text{const}$, i.e., $\text{Ker}(\lambda - T)$ is 1-dim.

Now, "in this case": We know: $f_{\lambda_1} f_{\lambda_2}$ is an eigenfct to $\lambda_1 \lambda_2$ by multpl., and $\neq 0$ by $|f| = 1$, so $\lambda_1, \lambda_2 \in P_\sigma \Rightarrow \lambda_1 \lambda_2 \in P_\sigma$

Moreover, $f_{\bar{\lambda}}$ is EF to $\bar{\lambda} = \lambda^{-1}$, so $\lambda \in P_\sigma \Rightarrow \lambda^{-1} \in P_\sigma$. $\blacksquare$

Ex (Rotation on $\mathbb{T}$)

Prop. 2.17 $(\mathbb{T}, a)$ erg. $\Leftrightarrow a$ irrat., i.e., $a^n \neq 1 \forall n \neq 0$
 in this case $P_\sigma(T) = \{a^n, n \in \mathbb{Z}\}$

Proof $\Rightarrow$ done before (a rat. $\Rightarrow \exists$ many a-inv. sets)

$\Leftarrow$ We show: $\text{Fix } T = \mathbb{C} \cdot 1$ on $L^2(\mathbb{T}, \text{leb})$ (then use Prop. 2.14)

Let $f \in \text{Fix } T$, i.e., $Tf = f$, $f \in L^2(\mathbb{T})$

The fcts $\chi_n(z) = z^n, n \in \mathbb{Z}$ build an ONB of $L^2(\mathbb{T})$

Recall: $\{e^{in\theta}\}$ is an ONB of $L^2[0, 1]$



- $(T\chi_n)(z) = \chi_n(az) = a^n z^n = a^n \chi_n(z)$,
so χ_n is a unimodular EF to eigenvalue a^n .

Let now $f = \sum_{n=-\infty}^{\infty} c_n \chi_n$ be Fourier repres. of f (ONB-repres.)

Then $Tf = \sum_{n=-\infty}^{\infty} c_n a^n \chi_n$

$Tf = f$ means $c_n = c_n a^n \quad \forall n \in \mathbb{Z}$. By $a^n \neq 1 \quad \forall n \neq 0$
we have $c_n = 0 \quad \forall n \neq 0$, i.e., $f = c_0 \chi_0$ - const.

(exerr.): $P_\sigma = \{a^n, n \in \mathbb{Z}\}$, where σ is done above.

Rem. Analog. one shows:

$(\mathbb{T}^d, \alpha)$ erg $(\Leftrightarrow) a_1, \dots, a_d$ are $\mathbb{Z}$ -indep., i.e.

$$a_1^{n_1} \cdots a_d^{n_d} = 1 \Leftrightarrow n_1 = \dots = n_d = 0$$

For the proof one needs that $\chi_{n_1, \dots, n_d}(z) := z_1^{n_1} \cdots z_d^{n_d}$

build an ONB of $L^2(\mathbb{T}^d)$.

Rem. if $(\mathbb{T}, \alpha)$ is not erg., so $a^n = 1$ for some n , then

$$\sigma(T) = P_\sigma(T) = \{1, a, \dots, a^{n-1}\}$$

and $T = I \Big|_{\ell^2(\chi_k, k \in \mathbb{Z})} \oplus a \cdot I \Big|_{\ell^2(\chi_{k+1}, k \in \mathbb{Z})} \oplus \dots \oplus a^{n-1} \cdot I \Big|_{\ell^2(\chi_{k+n-1}, k \in \mathbb{Z})}$

3. Classical ergodic theorems

3.1. Cesàro limit

Boltzmann's erg. hypothesis:

$$\frac{1}{N} \sum_{n=1}^N (T^n f)(x) = \frac{1}{N} \sum_{n=1}^N f(T^n x) \rightarrow \int f d\mu$$

Here we have "time average = space average"
Here we have $\lim_{N \rightarrow \infty} \frac{1}{N} \sum_{n=1}^N$ - Cesàro limit

How can you make nonconv. sequences converge? $0, 1, 0, 1, \dots \rightarrow \frac{1}{2}$

Def Let $(a_n) \subset \mathbb{C}$. We say that (a_n) is Cesàro convergent to $a \in \mathbb{C}$,
write $C\text{-}\lim a_n = a$ or $a_n \xrightarrow{\text{Cesàro}} a$, if

$$\frac{a_1 + \dots + a_N}{N} = \frac{1}{N} \sum_{n=1}^N a_n \rightarrow a.$$

Ex 1) $0, 1, 0, 1, \dots \rightarrow 1/2$

$0, 1, 1, 0, 1, 1, \dots \rightarrow 2/3$

(a_n) periodic with period $d \Rightarrow C\text{-}\lim a_n = \frac{a_1 + \dots + a_d}{d}$.

2) Let $\lambda \in \mathbb{T}$ Then

$\lambda \neq 1: \frac{1}{N} \sum_{n=1}^N \lambda^n = \frac{\lambda}{N} \sum_{n=0}^{N-1} \lambda^n = \frac{\lambda}{N} \cdot \frac{1-\lambda^N}{1-\lambda} \xrightarrow{N \rightarrow \infty} 0$ if $\lambda \neq 1$

$\lambda = 1: \frac{1}{N} \sum_{n=1}^N \lambda^n = 1$

Properties of the Cesàro limit

1) $a_n \rightarrow a \Rightarrow a_n \xrightarrow{\text{Cesàro}} a$ (exerc.)

2) $\exists (a_n)$ bdd, not Cesàro conv.:

$0, 1, \dots, 1, 0, \dots, 0, 1, \dots, 1, \dots$

3) $C\text{-}\lim a_{n+1} = C\text{-}\lim a_n$ (shift invariance) (exerc.)

4) Attention: $C\text{-}\lim a_n \cdot C\text{-}\lim b_n \neq C\text{-}\lim a_n \cdot b_n$ in general:

Reason: shift invariance: $a_n: 0, 1, 0, 1, \dots \xrightarrow{\text{Ces.}} 1/2$

$b_n: 1, 0, 1, 0, \dots \xrightarrow{\text{Ces.}} 1/2$

$a_n \cdot b_n: 0, 0, 0, 0, \dots \rightarrow 0 \neq 1/4$

Rem. 1) $a_n \xrightarrow{\text{Cesàro}} a \Leftrightarrow S_N := \frac{1}{N} \sum_{n=1}^N a_j \rightarrow a$

One can define $C\text{-}C\text{-}\lim$ (write $C\text{-}\lim$): $S_N \xrightarrow{\text{Ces.}} a$ etc.

Then $\{C_N\text{-conv. seq.}\} \supsetneq \{C_{N+1}\text{-conv. seq.}\}$

but $\bigcup_N \{C_N\text{-conv. seq.}\} \neq \ell^\infty$

(exerc.)



2) Analog. one def Cesàro convergence for functions and operator:

$f_n \xrightarrow{\text{Cesàro}} f \Leftrightarrow \frac{1}{N} \sum_{n=1}^N f_n \rightarrow f$

$T_n \xrightarrow{\text{Cesàro}} T \Leftrightarrow \frac{1}{N} \sum_{n=1}^N T_n \rightarrow T$

$S_N \rightarrow S$ if $S_N x \rightarrow Sx$ for all x
 - in norm/strong/weak oper. top.
 if $\langle S_N x, y \rangle \rightarrow \langle Sx, y \rangle$ for all x, y

3.2. Von Neumann's mean ergodic theorem

Let (X, μ, T) be an MDS. Def. for $N \in \mathbb{N}$

$S_N f := \frac{1}{N} \sum_{n=1}^N T^n f$ for $f \in L^1(X, \mu)$

Let $H := L^2(X, \mu)$

($\subset L^4(X, \mu)$) by Cauchy-Schwarz: $\|f\| \leq \sqrt{\|f\|^2}$

Thm 3.1 (Von Neumann)

Let (X, μ, T) be an MDS and $f \in L^2(X, \mu)$. Then

$\frac{1}{N} \sum_{n=1}^N T^n f \xrightarrow{N \rightarrow \infty} Pf$

in L^2 , where P is the orthogonal projection onto $\text{Fix } T \subset L^2$.

Rem. Thm. 3.1 is called the mean ergodic theorem, "mean" because of L^2 -conv. (not Cesàro limit) *Mittelergodensatz*

Proof (Riesz)Step 1: Orthogonal decomposition

We show: $L^2 = \text{Fix } T \oplus \overline{\text{Rg}(1-T)}$ - von Neumann decomp.

1) $\text{Fix } T \perp \overline{\text{Rg}(1-T)}$

let $f \in \text{Fix } T$, i.e., $Tf = f$. To show: $f \perp (g - Tg) \forall g$

$$\langle f, g - Tg \rangle = \langle f, g \rangle - \langle f, Tg \rangle = \langle f, g \rangle - \langle Tf, g \rangle = \langle f, g \rangle - \langle f, g \rangle = 0.$$

$\downarrow$ $Tf = f$ $\downarrow$ T isom.

2) let $f \perp \overline{\text{Rg}(1-T)}$. To show: $f \in \text{Fix } T$.

in part, $f \perp (f - Tf)$, i.e.,

$$0 = \langle f, f - Tf \rangle = \langle f, f \rangle - \langle f, Tf \rangle = \|f\|^2 - \langle f, Tf \rangle, \text{ so}$$

$$\langle f, Tf \rangle = \|f\|^2 \stackrel{T \text{ isom.}}{=} \|f\| \cdot \|Tf\|$$

Equality in C-S: $Tf = c \cdot f$ for $c \in \mathbb{C}$.

Use decomp. $L^2 = M \oplus M^\perp$ for closed subspace M . $\|f\|^2 = \langle f, cf \rangle = \bar{c} \|f\|^2$ and $c = 1$, i.e., $f \in \text{Fix } T$

Step 2: Cesàro convergence

Let $f = f_1 + f_2$, $f_1 \in \text{Fix } T$, $f_2 \in \overline{\text{Rg}(1-T)}$

To show: $S_N f = \frac{1}{N} \sum_{n=1}^N T^n f \rightarrow f_1$, i.e., $S_N f_1 \rightarrow f_1$, $S_N f_2 \rightarrow 0$

1) if $f \in \text{Fix } T$, then $S_N f = f \rightarrow f$

2) $f = g - Tg$

$$S_N f = \frac{1}{N} \sum_{n=1}^N T^n f = \frac{1}{N} \sum_{n=1}^N (T^n g - T^{n+1} g) = \frac{Tg - T^{N+1}g}{N} \xrightarrow{N \rightarrow \infty} 0$$

$\downarrow$ telesc. sum $\|T^N g\| \leq 2 \cdot \|g\|_2$

So: conv. to 0 on $\overline{\text{Rg}(1-T)}$.

hence $\|S_N\| \leq \frac{1}{N} \sum_{n=1}^N \|T^n\| \leq 1 \quad \forall N$, one has

conv. to 0 on $\overline{\text{Rg}(1-T)}$

Recall: (T_n) unif. bdd: $\|T_n\| \leq M \quad \forall n$, $T_n x \rightarrow T x \quad \forall x \in D$, D dense. $\Rightarrow \forall x$:

WLOG $T = 0$

$$\|T_n f\| \leq \|T_n g\| + \|T_n(f-g)\| \leq (M+1)\varepsilon \text{ for large } n.$$

$\downarrow$ choose $g \in D$ $\downarrow$ $\|f-g\| \leq \varepsilon$ $\leq M \cdot \|f-g\| \leq M \cdot \varepsilon$

Rem. The proof works $\forall$ isometry on a Hilbert space.

The mean erg. thm holds $\forall$ contraction on a Hilbert space (exerc.), also $\forall$ power bdd operator on a reflexive Banach space and even more general operators.

Def The projection P is called the mean ergodic projection of T ('mittelergodische Projektion' in German)

Properties of P

$$1) \int P f d\mu = \int f d\mu$$

$$\int S_N f d\mu = \frac{1}{N} \sum_{n=1}^N \int T^n f d\mu = \int f d\mu$$

$$|\int S_N f d\mu - \int P f d\mu| \leq \int |S_N f - P f| d\mu \leq \|S_N f - P f\|_2 \xrightarrow{C-S} 0$$

von Neumann

$$2) P(f \cdot P g) = P f \cdot P g$$

$$S_N(f \cdot P g) = \frac{1}{N} \sum_{n=1}^N T^n f \cdot T^n P g = S_N f \cdot P g$$

T multipl. $\in \text{Fix } T$

$$3) P f = \mathbb{E}(f | \mathcal{E}') - \text{condit. expectation of } f,$$

where $\mathcal{E}' := \{A \in \mathcal{E} : A \text{ T-inv.}\}$

Recall: $\forall f \in L^1(X, \mathcal{E}, \mu) \exists! g \in L^1(X, \mathcal{E}', \mu)$ s.t. $\int_A f d\mu = \int_A g d\mu$

(exerr.): $f \in \text{Fix } T \Leftrightarrow f$ is $\mathcal{E}'$ -measurable $\forall A \in \mathcal{E}'$.

Thm. 3.2 (Characterisation of ergodicity)

let (X, μ, T) be an MDS with Koopman oper. T on L^2 and the mean erg. projection P . TFAE:

(i) (X, μ, T) is ergodic

(ii) $\dim \text{Fix } T = 1$

(iii) $\dim(\text{Fix } T \cap L^\infty) = 1$

(iv) $\frac{1}{N} \sum_{n=1}^N T^n f \rightarrow \int f d\mu \cdot 1$ in $L^2 \forall f \in L^2$, i.e.

$$P f = \int f d\mu \cdot 1$$

(v) $\frac{1}{N} \sum_{n=1}^N \langle T^n f, g \rangle \rightarrow \int f d\mu \cdot \int g d\mu \quad \forall f, g \in L^2$

(vi) $\frac{1}{N} \sum_{n=1}^N \mu(T^{-n} A \cap B) \rightarrow \mu(A) \mu(B) \quad \forall A, B \in \mathcal{E}$

(vii) $\frac{1}{N} \sum_{n=1}^N \mu(T^{-n} A \cap A) \rightarrow \mu(A)^2 \quad \forall A \in \mathcal{E}$.

Rem. (vi) says that $T^{-n} A$ is (in mean and asymptotically) everywhere to find

Proof (i) $\Leftrightarrow$ (ii) $\Leftrightarrow$ (iii) done before

(ii) $\Rightarrow$ (iv). We know: $P f \in \text{Fix } T$, so $P f = c \cdot 1$ and

$$c = \int P f = \int f$$

+ von Neumann

(iv) $\Rightarrow$ (v) $\frac{1}{N} \sum_{n=1}^N \langle T^n f, g \rangle = \langle \frac{1}{N} \sum_{n=1}^N T^n f, g \rangle \rightarrow \int f d\mu \cdot \int g d\mu$

(v) $\Rightarrow$ (vi) For $A, B \in \mathcal{E}$ def. $f := 1_A, g := 1_B$. Then

$$\langle T^n f, g \rangle = \int 1_{T^{-n} A} \cdot 1_B d\mu = \mu(T^{-n} A \cap B) \xrightarrow{\text{Ces.}} \int f \int g = \mu(A) \mu(B)$$

(vi) $\Rightarrow$ (vii) clear $\because$

(vii) $\Rightarrow$ (i) let $A \in \Sigma$ be T -inv. By (vii)

$$\frac{1}{N} \sum_{n=1}^N \underbrace{\mu(T^{-n}A \cap A)}_{\mu(A)} \rightarrow \mu(A)^2$$

$$\mu(A) = \mu(A)^2, \text{ so } \mu(A) \in \{0, 1\}$$

